

# Mountaineering Continuum Itinerary



## Montana

January 15	Morning session: introductions and program overview Afternoon session: Hyalite Canyon – ice climbing 101
January 16	Hyalite Canyon – ice climbing 101
February 19-20	Hyalite Canyon – ice climbing overnight (Fridley House) Day one: ice screws as a second, and placing ice screws on lead Day two: ice anchors
March 19-20	Hyalite Canyon – ice climbing overnight (Window Rock Cabin) Day one: v-threads Day two: pitons and advanced protection
May 14-15	Pipestone – rock climbing overnight Day one: self rescue Day two: placing gear, rock anchors and advanced movement
June 4-5	Bridger Range – snow travel overnight Day one: crampon technique, self arrest, snow anchors and protection. Day two: climbing objective
June 25	Morning session: Medical seminar by Dr. Alan Oram: high altitude illness, cold weather injuries and third world travel. Afternoon: trip preparation
June 26	Glacier travel and crevasse rescue

## **Bolivia**

July 9	Depart US for Bolivia
July 10	La Paz: hanging out and getting used to breathing at 12,000 feet
July 11	Depart La Paz for Copacabana and Isla del Sol
July 12	Take a boat to Isla del Sol and trek around ancient ruins • Return to Copacabana for dinner
July 13	Return to La Paz
July 14	Prepare for mountaineering trip
July 15	Depart La Paz for Hichukhota
July 16	Begin trek to the Condoriri group
July 17	Trek
July 18	Finish trek and set up base camp
July 19	Glacier travel and crevasse rescue
July 20	Climbing or rest day
July 21	Climbing or rest day
July 22	Climbing or rest day
July 23	Climbing or rest day
July 24	Climbing or rest day
July 25	Climbing or rest day
July 26	Return to La Paz
July 28	Fly Home