

# JMT Equipment List



## Required Gear

Helmet  
Harness  
Self locking belay device (ATC-Guide)  
2 Cordelettes (7mm nylon cord, 17 feet long)  
Purcell Prusik (6mm nylon cord, 105 inches long)  
Prusik (6mm nylon cord, 40 inches long)  
3 slings  
5 locking carabiners – key lock gates are preferred  
6 non-locking carabiners  
Climbing shoes  
Mountaineering boots – with toe welts to accept crampons (These may be rented)  
Ski or Snowboard boots  
Backcountry set-up – AT/telemark/splitboard with skins (These may be rented)  
Backpack (40-55 Liters)  
Approach/running shoes  
Headlamp  
Water bottle

## Recommend Clothing

Synthetic or wool long underwear top  
Heavy weight synthetic or wool long underwear bottom  
Medium to heavy weight synthetic or wool top  
Down or Prima-loft sweater or vest  
Gore-tex or similar waterproof and breathable wind shell top with hood  
Gore-tex or similar waterproof and breathable wind shell pants or bibs  
Schoeller pants  
Gore-tex or similar waterproof and breathable gloves  
Extra warm mittens  
Synthetic or wool hat that covers the ears and fits under a helmet  
Heavy synthetic or wool socks  
Boot gaiters if shell pants do not make a snug fit  
Light weight glove liners  
Balaclava to cover the face